



CALOOSA CHRONICLES

Caloosa Riders Bicycle Club of Southwest Florida
Published bi-monthly
WWW.CALOOSARIDERS.COM

Nov -Dec

2008

CONTACTS

President

Dale Sterz
239-471-2632
Dsterz@hotmail.com

Vice President

Ron Cox
239-334-7580
rcox1@comcast.net

Secretary

Allen Byerly
239-437-1608

Treasurer

Dale Sterz
239-471-2632
Dsterz@hotmail.com

Ride Coordinator

JoAnne VanNetta
239-936-1058

Membership

Tracy Wells
239-282-2291
Wellsonwheels
@comcast.net

Editor

Mike Swanson
239-772-2041
Newsletter
@caloosariders.com

Webmaster

Jeff Brim
jeffbrim@yahoo.com

www.caloosariders.com

NORTHERN TIER BIKE RIDE PEDDALING COAST TO COAST DUTCH VANDERKUYP

It was January 2008 when I got a phone call from Dan, one of the guys I rode with on my last cross-country trip from San Diego, California to Saint Augustine, Florida. He was putting a group together leaving Seattle on June 15, 2008 and riding to Bar Harbor, Maine. It was time for my third cross-country bike ride. The goal I set for myself is to do the whole outer circle of the U.S.A.

I hooked my Bob trailer behind my Ryan recumbent, put 60 pounds of bricks in it, and did 40 miles, 5 days a week until June. On June 8th I left from Sebring on Amtrak for Seattle. It was a great four day train trip. I then made my way 60 miles north to Anacortes, Washington where we started our ride on June 15th. We were following the Northern Tier route from Anacortes to Bar Harbor as mapped out by the Adventure Cycling Association. (www.adventurecycling.org).

We started out with 5 riders. The first 2 weeks were really hard and one of the riders dropped out. The Cascade mountains of Washington kicked my behind !!! We had 5 mountain passes

(Continued on page 4)

TURKEY LEG CENTURY
Nov 28 8:00 am Details page 2

CHRISTMAS LIGHTS NIGHT RIDE
DEC 17 6:00 pm Details page 3

HOLIDAY PARTY

Saturday, December 6th at 6PM

This year's Holiday Party will be held at Heritage Palms Golf & Country Club in the Lodge
Bring a dish to share. The club will provide ham, turkey and buns.

NO BYOB there will be an open bar (credit cards only). Heritage Palms does not allow beverages to be brought in.

There will be an optional gift exchange. If you wish to participate, bring a \$15 to \$20 wrapped gift.

Please RSVP to Bill Garrison 239-275-7615

o^o o^o o^o o^o o^o o^o o^o o^o

VOLUNTEERS NEEDED FOR SENIOR GAMES

DEC 9th and 11th 2008 Page 3

EVERYONE RIDES

Nov 2 Details page 6

MONTHLY MEETINGS

Usually — 4th Thursday of the month — Early this month
HOLIDAY SCHEDULE
Dinner Meeting:

TH November 13th - Elections
Stevie Tomato's
11491 S Cleveland Ave
Fort Myers, FL

December NO MEETING
Holiday Party Dec 6—see above

Ride Schedule *HELMETS REQUIRED FOR ALL RIDES !!!!*

Saturday Rides: Buckingham Community Park on Buckingham Road East of SR 82 Start 8:00 a.m.

NOV /DEC 2008

Nov 1	Old Milwaukee	Ron Cox 239-334-7580
Nov 8	Alva Special	JoAnne V. 239-936-1058
Nov 15	I Like Ike	Mike Swanson 239-896-6938
Nov 22	Greenbrier	Jeff Brim 239-560-2746
Nov 29	Airport Special	Peter Ahlgren 239-481-5940
Dec 6	Wheeler	Bill Garrison 239-275-7615
Dec 13	Old Milwaukee	Ron Cox 239-334-7580
Dec 20	Alva Special	JoAnne V. 239-936-1058
Dec 27	I Like Ike	Mike Swanson 239-896-6938
Jan 3	Greenbrier	Jeff Brim 239-560-2746

Breakfast After Rides
Tuesday/Thursday
 Annie's
 814 SW 47th St, Cape Coral
Saturday
 Frankie's
 3701 Fowler St, Fort Myers

Tuesday & Thursday Rides

Cay West Parking Lot - Cape Coral Parkway west of Chiquita. 8:00 AM 30 miles
 The group rides to Coral Oaks Golf course for a break and then returns. Some of the riders maintain a conversational pace (12 - 15 mph) while others ride much faster.

Tuesday Evening Ride 6:00 p.m.
 Look for this ride to return next spring.

Sunday Rides

Bell Tower - Daniels and US 41
 Meet at 7:30 AM Pace 20 mph for 30 to 60 miles. Not for beginners.

Pelican/Cape Coral: Meet at 8:00 AM at Pelican Park on Pelican Blvd, north of Cape Coral Parkway. Pace 12 to 20 mph for 26 to 35 miles.

Check the website for changes to the ride schedule and maps.
www.caloosariders.com

o^o o^o o^o o^o o^o o^o o^o o^o

TURKEY LEG CENTURY
FRIDAY NOV 28 8:00 am
 Time to work off some of that turkey dinner. Meet behind Royal Palm Square (Colonial and Summerlin) Ride map www.caloosariders.com
 NO FEE Bring money for lunch.
Jeff Brim jeffbrim@yahoo.com

Nov 2	Everyone Rides	http://www.everyonerides.org From Buckingham Park various length options Page 6 for more details
Nov 2	Gulf Coast Cycle Fest	Sarasota-Manatee Bicycle Club http://www.smbc.us
Nov 23	Caloosa River Ride	Check Caloosahatchee River Citizens Association http://crca.caloosahatchee.org/
Nov 28th	Turkey Leg Century	Caloosariders.com for more details or Jeffbrim@yahoo.com

The following rides include one or more camping nights and sag support to haul your gear .

Key West Adventure No. 5 **November 16th---20th, 2008**

We will take the Key West Express to Key West. camp at Boyd's camp ground, Long Key and John Pennekamp State Parks.

Return to Key West and catch the Key West Express back to Ft. Myers.

The ride will be about 225 miles.

We will have a sag to carry your equipment.

Cost approximately \$205.00 per person (includes camping, sag and boat trip). Restaurants are at your expense. Sharing a tent will reduce the cost.

Chokoloskee Island Ride No. 3 **January 3rd & 4th, 2009**

We will ride from Immokalee to Chokoloskee Island along lightly traveled SR #29 on the west edge of the Everglades (We are checking an alternate route)

Camp in tents or rent a cabin.

The ride is about 48 miles each way.

We will have a sag to carry your equipment.

Cost approximately \$35.00 per person. Restaurants are at your expense. Sharing a tent will reduce the cost.

Highlands Fling No. 2 **February 7th & 8th, 2009**

We will ride from Arcadia to Highlands Hammock State Park along lightly traveled (most of the time) back roads.

The ride is about 48 miles each way.

We will have a sag to carry your equipment.

Cost approximately \$55.00 per person, including dinner & breakfast . Sharing a tent will reduce the cost.

All of the above rides are available to club members only.

We have reservations at all the camp grounds for only 20 tents.

If you intend to go on one or all of these rides, please sign up as soon as you can. There is no obligation on your part. Early sign up really helps us to reserve the camp sites and plan these rides.

There will be more information provided on each ride you sign up for.

E-mail or call
Ron Cox
rcox1@comcast.net
239-334 7580

VOLUNTEERS NEEDED FOR **SENIOR GAMES**

DEC 9th and 11th 2008

The club will again provide volunteers for the cycling events at the State Senior Games to be held in Cape Coral. Tuesday, December 9th will be the 5K and 10K time trials. Thursday, December 11th will be the 20K and 40K Road Race.

We will need 10-15 volunteers for registration and other tasks. You can volunteer for one or both days. Each event is a half day and you will be given a shirt and lunch.

TO VOLUNTEER CONTACT
BILL GARRISON 239-275-7615

CHRISTMAS LIGHTS NIGHT RIDE **DEC 17th 6:00 pm**

Bob and Barbara Hale will again host the Christmas Lights Night Ride from their home at 1429 SE 13th St, Cape Coral (East off of Del Prado). Parking in the vacant lot next door.

The ride will be about 12 miles long at a leisurely pace viewing local light displays and returning to the Hale's for refreshments and snacks.

Lights and helmets are required. Holiday decorations and lights are encouraged on your ride.

RSVP TO BOB 239-772-9402 or
biker1429@hotmail.com

Northern Tier

(Continued from page 1)

with up to 6000 feet of elevation. Some of the climbs had 10 to 20 % grades. For a nice Florida boy like me, who thinks that the Sanibel bridge is a super climb, it was really hard.

I was towing 55 pounds total including trailer weight. I made it up all the climbs without walking or pushing my bike. A recumbent is very hard to push. The morning temp for the first 2 weeks was about 37 F. Later in the day it got a bit warmer. We passed lots of rivers, waterfalls, mountains, and snow in Washington.

After 2 weeks of riding I got stronger, or the mountains got flatter, because I was starting to enjoy the ride more and more.

We could not go to Glacier National Park because of an avalanche they had 5 days before we got there. They had to clear 100 foot deep snow piles, and we could not wait.

After about 3 weeks I mailed 20 pounds of stuff home. We also got into some flat riding in Montana. It took 16 days to get across Montana. I don't want to hear the word "corn" for a while. I saw corn fields and more corn fields for as far as the eye can see during the trip. I have a lot of respect for farmers.

We stayed in motels 50% of the time, and camped 50% of the time. Once we camped in a cemetery. It was the best place to sleep, everyone was very quiet. We crossed the Continental Divide at Maria's Pass, Montana. We were only rained on a total of 6 days. Once it rained for a whole day, and the other days it rained for 1 or 2 hours. We did not stop for the rain.

After about 5 weeks of riding one more guy dropped out. Now there were 3 riders left, a couple from Oregon on a tandem and myself. We had a great time, and got along very well. We also went into Toronto Canada, and took 5 days off. I mailed 10 more pounds of stuff home.

We also toured Niagara Falls. Great sight. We did 100 miles on the Erie Canal towpath. Next came the Adirondacks, very pretty, but lots of ups and

downs. We had great weather in the Adirondacks.

After that came the Green and White mountains of Vermont and New Hampshire. Very challenging 15 to 20 % climbs. On to Maine, a welcome sight to see after being on the road for 10 weeks. One more week to go, and the ride would be over. I was looking forward to that day, and still it made me sad, because there is nothing better than being on the bike, and being one with nature.

Maine was a very difficult state. Lots of climbs, up and down for four days. Bar Harbor was a welcome sight. We did our normal ritual by dipping the front wheel into the Atlantic, and took lots of pictures. Caloosa Riders members, Chris and Tracy Wells came to pick me up the next day, and I spent 5 days with them. They took me around and showed me lots of nice places in Maine. They were great. Thank you guys.

On Sept 11, I flew home with my bike. It was so nice to see my family again, and to sleep in my own bed. The first two mornings when I got up, I was looking for a zipper, my tent zipper. It took me a while to get back into the normal home routine.

SUMMARY

We were on the road for 11 weeks. I did not have any flats, ok only one flat on my Bob trailer. No broken cables, chains, or other equipment. My bike held up very well. Before I left, I worked on it with my friend Dale Sterz, and also Mike from Fort Myers Schwinn did some work on it. Thanks guys, because of you I had no break downs. On June 15th I christened my rear wheel in the Pacific, and on Sept 5th I dipped my front wheel in the Atlantic. I did 4028 miles total. I passed through 11 states and Ontario, Canada. I lost 15 pounds, and we did not pass up any ice cream stores or bakeries. I had some nice Maine lobster at Chris and Tracy's. I am already thinking of my next U.S.A. tour from Seattle, Washington to San Diego, California. Then my goal is reached of riding the whole circumference of the U.S.A. So stay tuned. Thanks again for all of you who were thinking of me during my ride.



ANACORTES, WASHINGTON June 15, 2008

ON THE RIGHT IS A LIST OF OVERNIGHT STOPS

4028 MILES LATER

BAR HARBOR, MAINE Sept 5, 2008



WASHINGTON

Anacortes

- Concrete
- Wintrop
- Twisp
- Okanogan
- Omak
- Tonasket
- Republic
- Colville
- Kettle Falls

IDAHO

- Sandpoint

MONTANA

- Libby
- Eureka
- Whitefish
- Essex
- East Glacier
- Cut Bank
- Chester
- Havre
- Dodson
- Sleeping Buffalo
- Glasgow
- Wolf Point
- Culbertson

NORTH DAKOTA

- Willeston
- Stanley
- Minot
- Rugby
- Minnewaukan
- Tolna
- Hope
- Fargo

MINNESOTA

- Pelican Rapids
- Parkers Prairie
- Little Falls
- Milaca
- Lindstrum

WISCONSIN

- Amery
- Eau Claire

- Neilville
- Stevens Point
- Appleton
- Manitowoc

MICHIGAN

- Ludington
- Reed City
- Le Roy
- Clare
- Bay City
- Vassar
- Mayville
- St Claire

ONTARIO CANADA

- Morpeth
- Port Stanley
- Turkey Point
- Dunnville
- Niagra Falls
- Toronto.

NEW YORK

- Albion
- Palmyra
- Fulton
- Red Field
- Old Forge
- Long Lake
- Ticonderoga

VERMONT

- Rochester
- East Tathford

NEW HAMPSHIRE

- North Woodstock
- Center Conway

MAINE

- Turner
- Damariscotta
- Bucksport
- Bar Harbor**

EVERYONE RIDES

Sunday, November 2, 2008

Matt McCain

As I begin preparing for this years EVERYONE RIDES Event, I am amazed that this is our 5th year. It started out as a simple idea, have a bike ride and raise some money and buy some bikes for at risk kids. I can't believe that we have given away over 100 TOP QUALITY bikes!

When we first started someone suggested going to the local department store and picking up bikes at 50 bucks a piece. Honestly, we probably could have bought 4 or 5 times as many bikes. As a cyclist it was important to know that the bikes we were giving to these kids were top quality bikes. Bikes that they would be able to ride for years AND be proud of. In the last 5 years we have given away bikes from Specialized, Trek, Giant and more.

Many of the kids we have given bikes to are teenagers who have never owned a bike before. When you're on foot as a kid your world is a 2 mile diameter around your house. With a bike it's so much wider! Its amazing to see the look on a child's face when they realize how much bigger their world has gotten.

There is one change that we believe you should all be aware of. For several years we have ran Everyone Rides as a separate non-profit organization. Because of our close relationship with the Boys and Girls club of Lee County, this is no longer necessary. All of the proceeds from our event have been going to the kids at BGLC for the last several years and we have formed a partnership with them. Our event will still be called Everyone Rides however the charity is the Boys and Girls Club of Lee Co. This will free me up from a lot of administrative duties and allow me to focus more attention on putting together a top notch cycling event.

I wanted to take a moment to recognize some of the people who have really helped us over the last 4 years. First off, our primary sponsor, NAPLES CYCLERY. They are always there to help us put things together. Fort Myers Schwinn, who was there from the very first day. Without their assistance I don't know if the event would have happened. Trike and Bike for all of their support and who never asked for any of the credit. I would also like to thank the Boys and Girls club of Lee County and the **Caloosa Riders** for all of the time they have donated to making this event successful. I would like to thank Coca-Cola for donating the drinks every year. I would also like to thank Crispers and Rivals Sports Bar who always make sure we have plenty to eat.

Most of all I want to thank you. Thank you for making this event important. Thank you for taking the time to help raise funds. Thank you for calling your friends and families and coworkers and telling them you needed a donation to help raise money for kids. Thank you for passing your love of cycling on to others.

o^o o^o o^o o^o o^o o^o o^o o^o o^o o^o

EVERYONE RIDES

Sunday November 2, 2008

Buckingham Park
9800 Buckingham Road
Lehigh Acres

\$25 Advance \$30 Day of event

Details www.EveryoneRides.org

Caloosa Riders YahooGroup

We now have a group on Yahoo that will replace the message board on the website. To subscribe send a blank email to:
caloosariders-subscribe@yahoogroups.com
You will receive an email with instructions on joining.

MEMBERSHIP INFORMATION

Benefits of membership:

◆ Newsletter ◆ Discounts ◆ Club Meetings ◆ Rides ◆ Free Classifieds ◆ Website ◆

Membership Applications are available:

On our web site www.caloosariders.com

At many local bike shops

Questions? Membership Coordinator:

Tracy Wells
239-282-2291

Single Membership	\$15
Family Membership	\$20

Ownership Change at Wooley's Bikeland

Jonathen Sharp, owner, Paradise Bicycles

Paradise Bicycles, Del Prado Blvd, Cape Coral is pleased to announce the acquisition of Wooley's Bikeland on Colonial Blvd, Fort Myers as of October, 2008.

I am very pleased to say that Dave "Wooley" Williams will stay on and manage the store and will be an integral part of the Paradise Team. We will be carrying Dave's original lines plus adding Trek, Gary Fisher, Mirraco and Redline, giving us the ability to provide a wide range of products and services from the two locations. In order to be successful in the bicycle business it is imperative that you buy big, maintain margins, offer a wide choice and ensure your service is second to none, I know we have achieved that in the Cape and we will at Wooley's too.

I know Dave Williams is very excited about the new look store and has already contributed significantly to the Paradise team.

We are offering some closeout items at the store to make way for further inventory, as a consequence all Caloosa Riders and Mudcutter members will receive 30% off all Louis Garneau clothing, shoes and gloves on presenting their membership card.

We look forward to welcoming both old and new customers to the new store .

The 18th Annual Tour de Cape

(Rotary Park 5505 Rose Garden Road)

January 10-11, 2009 (Bike Ride Jan 11)

Wheels & Heels in Paradise!

2009 marks the 18th Annual News-Press Tour de Cape. Held during the cool weather in January, Sunday's bike tour offers a 15, 31, 62, or 100 mile course in the west and north sections of Cape Coral. Amenities of the event include: T-shirt, a continental breakfast, rest stations every 15 miles with refreshments, support vehicles, and a well mapped and marked route. In addition, there is the 5k Run on Saturday, which winds through the Tarpon Point area of Cape Coral. The focus of the event is to promote running and bicycling as safe, healthy, enjoyable, and environmentally sound recreational alternatives. This event features one of the largest bike rides of its kind in the State of Florida. Cape Coral is the second largest City in the state in land area, so there is very little backtracking. Call 239-573-3125 for further information & participation prices.

DID YOU RECEIVE THIS NEWSLETTER IN THE MAIL?

You can receive it by email instead.

ADVANTAGES:

- You receive it sooner
- Save the club printing and mailing expenses
- If you read it on your computer you save space in your recycle bin.

Contact Tracy Wells
Wellsonwheels@comcast.net
to convert your mailed subscription to email.



Caloosa Riders Bicycle Club
PO BOX 870
Fort Myers FL 33902

WELCOME NEW MEMBERS

Terry Hart
Vinh Ho
Cliff Stanis and Renie Ward
Bert and Alicia Hamilton
B J Gerald
James Reader
Mel Jacobs

BE FAMOUS — GET PUBLISHED

Did you go on an interesting ride this summer or even last summer? I am always looking for newsletter articles.

Mike
Newsletter@caloosariders.com

VOLUNTEERS NEEDED TO PAIT ROUTES FOR EVERY-ONE RIDES

**TO VOLUNTEER CONTACT
BILL GARRISON 239-275-7615**

NOMINATING COMMITTEE LOOKING FOR CANDIDATES FOR NEXT YEAR'S OFFICERS

**TO VOLUNTEER CONTACT
BILL GARRISON 239-275-7615**

CLUB MEMBER DISCOUNTS AVAILABLE AT THESE FINE STORES

These businesses offer members a **10%** discount on non-sale items. Bicycles Excluded. Present your membership Card.

A.J. Barnes Bicycle Emporium
15248 S. Tamiami Trail,
Fort Myers
239-437-0373

The BikeRoute
(Discount only on selected items)
8595 College Parkway
Fort Myers
239-481-3376

Ft. Myers Schwinn
3630 Cleveland
Fort Myers
239-939-2899

Wooley's Bikeland
4391 Colonial Blvd
Fort Myers
239-939-0511

Trikes & Bikes
3451 Fowler St, FM
239-936-1851

Naples Cyclery
813 Vanderbilt Beach Rd. Naples
239-566-0600

Cape Coral Bicycles
8 Del Prado Blvd S., CC
239-242-2453

Engel's Bicycles
27310 Old 41 Rd.
Bonita Springs, FL 34135
239-498-9913

Acme Bicycle Shop
615 Cross St (US 41 S), P.Gorda
941-639-3029

Paradise Bicycles
1712 Del Prado Blvd S, CC
239-772-2453

Trek Bicycle Store of Estero
8001 Plaza Del Lago Ste 101,
Estero
239-390-9909

Trek Bicycle Store of Naples
9051 Tamiami Trl
Naples
239-591-8735

Bicycle Center
3795 Tamiami Trail So
Port Charlotte
941-627-6600