

July  
2005  
August

# Caloosa Chronicles

Bi-monthly publication of the Caloosa Riders Bicycle Club of Lee County, Florida  
Web Site: [www.caloosariders.com](http://www.caloosariders.com)

## Suwannee Bicycle Festival

by Wayne Van Netta



This year's Suwannee Bicycle Festival was attended by Chad Folden, John Wood, Dutch Van der Kuyp, my brother Dale Van Netta, and me. Bob Hale had intended to go but was called to Ohio because of his mother's illness. Dale lucked out as Bob gave him his prepaid registration. The good news is Bob's ninety-one year old mother recovered.

Suwannee is my favorite three day ride. If you feel that you are becoming too one-dimensional by riding your road bike exclusively, this is the place to be. There are three levels of off road rides and many miles of trails through the beautiful Suwannee riverside forest. There even are night-time off road rides.

Road bike riders can choose between rides of nine plus miles to a full century. You can ride to springs, historical areas, hydroponics farms and wildflower tours. Some rides provide a full picnic lunch.

Kayaking, canoeing, tubing and snorkeling trips are provided for the Suwannee River and Ichetucknee Springs. You can do a pedal and paddle or even a wildflower photography hike.

The food is supplied by the Dixie Grill from Live Oak and is exceptional and plentiful. It may have been a wee under par this year as it was not cooked on the premises (but still very good).

Camping was provided at Stephen Foster State Park in White Springs. White Springs is the headquarters of the Suwannee Bicycle Association, the sponsors of the festival. I am a member. Although very nice, our camping space in the Park would have been in full sun midday, so we opted for a nearby commercial camp called Suwannee Valley. Good move! Our fully shaded campsite fronted on a bluff overlooking the river. Our 1/3 acre space included a deck with benches and a stairway to the river. A few steps away were hot showers and a swimming pool. For 3 days I had the showers completely to myself. RAGBRAI and BRAG veterans can relate to what a luxury this was.

Slow down and smell the roses. This was something I was literally forced to do. In a few days I was scheduled to have some internal ticker adjustments. I opted for the Winfield Wildflower ride where you are given the colored flower brochure and directed to certain stops with a profusion of flowers. You then name and identify as many as you can. I can imagine the snickers about that from our 21 mph plus gonzo riders. Do you guys realize you may go through life and never be able to tell a Columbine from an Evening Primrose?

These rides are put together by Liz Burden. Liz is one of my very favorite people and the heart and soul of the Suwannee Festival. Liz and her husband rode bicycles from the northern tip of Alaska almost to Tierra del Fuego, the southern most point of South America. This included Patagonia. I have been there, and the wind can easily blow rider and bike completely off the road. After returning to the U. S., two of

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# Ride Schedule and Meeting Dates

All Sunday rides will leave from Bell Tower in Ft. Myers, Buckingham Park on Buckingham Road, or Pelican Park in Cape Coral. All Saturday rides will leave from Buckingham Park on Buckingham Road east of S.R. 82.

Ride Start in June, July and August is 7:30 a.m.

July		
Sat, 7/02	Alva Special	Wayne, 936-1058
Sat, 0/09	Greenbriar	Jeff Brim, 939-7263
Sat, 7/16	I Like Ike	Dick B. 505-2661
Sat, 7/23	Golfview	Bill G., 275-7615
Sat, 7/30	Alva Special	Ron , 334-7580
August		
Sat, 8/06	Gateway Special	Bob Hale, 772-9402
Sat, 8/13	Venema Ride	Gerry V., 694-6757
Sat, 8/20	I Like Ike	Dale V., 768-0574
Sat, 8/27	Alva Special	Millie, 549-1366
September		
Sat, 9/03/05	Alva Special	Rosemarie, 303-0476

All Riders: Download ride maps before club rides. Maps to all rides can be found on the club's website: [www.caloosariders.com](http://www.caloosariders.com). Only new riders will be given maps at the ride start. All rides are between 30 and 40 miles unless otherwise noted.

## Tuesday & Thursday Rides

Cay West Parking Lot - Cape Coral Parkway west of Chiquita. The group rides various routes through Cape Coral. Mileages vary between 20 and 50 miles. Some of the riders maintain a conversational pace (12 - 15 mph) while others ride much faster. 7:30 start in June, July and August.

## Wednesday Ride

Summerlin and Colonial in Ft. Myers 8:00 a.m. The ride follows the Summerlin Bike Path. This is a fairly intense ride with average speeds being far above a conversational pace.

## Sunday Rides

Bell Tower: Racers meet at 8:00 a.m. This ride is for expert riders interested in racing.

Pelican/Cape Coral: Meet at 7:30 in June, July and August at Pelican Park on Pelican Blvd, north of Cape Coral Parkway. Pace: 12 to 20+ for 26 to 35 miles.

## Club Meetings

July 27 - Wednesday @ Lee Memorial Hospital Auditorium

August 25 - Thursday @ Lee Memorial Hospital Auditorium

Meetings start at 7:00 p.m.

Pot Luck. Bring a dish to share.

## Breakfast after the rides

- Tues/Thurs at Annie's in CC
- Saturday at Franke's on Fowler in Ft. Myers

# Cyclists Ride Naked in London Protest

By Associated Press

SAT JUN 11, 1:22 PMSAT JUN 11, 1:22 PM

LONDON - Hundreds of naked cyclists rode past Big Ben and the U.S. Embassy in London on Saturday to protest the West's dependence on gas-guzzling cars - and to push for more use of bicycles.

The organizers of World Naked Bike Ride 2005 said protests were expected in a number of countries, including Australia, Canada, the United States, Ireland, Italy, Latvia and Israel.

In London, crowds watched about 100 cyclists leave Hyde Park Corner on a journey that took them past some of the capital's most famous landmarks.

Most of the riders stripped naked for the six-mile ride past Piccadilly Circus, Big Ben, Covent Garden, Oxford Street and the U.S. Embassy.

Some bikes carried banners reading, "Oil is not a bare necessity but a crude obsession" and "Support the trade justice movement."

"It's a protest against oil dependency and car culture and the overuse of cars for unnecessary reasons," said one of the organizers, Chad Neilson, 24, from north London.

"There is too much pollution. It stinks in London, and we use too much fossil fuel."

In the Spanish capital, Madrid, dozens of nude cyclists pedaled along major thoroughfares past famous landmarks, drawing surprised looks.

Most were men, naked except for shoes and helmets, or caps to fend off the hot Spanish sun.

"What we clearly want to show is that we feel naked against the traffic," said one organizer who gave only his first name, Javier. "Every day we have to put up with the traffic, the aggression of the drivers, their speed and bad manners."

## On the Lighter Side

### You Know You're Addicted To Cycling When..

10. Your surgeon tells you you need a heart valve replacement and you ask if you have a choice between presta and schrader.

9. A measurement of 44-36-40 doesn't refer to the latest Playboy centerfold, but that new gear ratio you were considering for your Cobra.

8. A Power Bar starts tasting better than a Snickers.

7. The bra your significant other finds in your glove compartment belongs to your Trek and not the cute waitress at Annie's. (Huh?)

6. You wear your heart monitor to bed to make sure you stay within your target zone during any extracurricular activities.

5. The funeral director tells you "NO!" you can't ride your Litespeed in the funeral procession, even if you keep your headlight on.

4. You experience an unreasonable envy over someone who has a 10 speed Durace groupo.

3. You're too tired for hanky-panky on a Friday night but pump out a five-hour century on Saturday.

2. Your wife tells you the only way she'll let you ride across the country is over her dead body and you tell her, "If that's the case, you'll be my first speed bump!"

AND the number-one reason you know you're addicted to bicycling...

1. You no longer need a hankie to blow your nose.

## Members ... For Your Information

1. The officers for 2005 are President Richard Bennett, Veep Bill Garrison, Treasurer Dale Sterz and Secretary Alan Byerly. Tracy Wells is handling Membership, JoAnne Van Neta is the Ride Coordinator and Jackie Kampfert is the Newsletter Editor.

2. If you change your address, phone number or e-mail address, give that information to Tracy Wells at WellsonWheels@comcast.net or call her at 282-2291.

3. Make a note of the meeting times. The meetings have returned to Lee Memorial Hospital Auditorium at 7:00 p.m. on the following dates:

Meeting Dates:

Wednesday, July 27

Thursday, Aug. 25

Thursday, Sept. 29

Wednesday, Oct. 26

Wednesday, Nov. 16

4. Download the maps for all of our rides from [Caloosariders.com](http://Caloosariders.com).

5. Welcome the Gulf Coast Racing Team. The team just joined the Caloosa Riders.



*Suwannee  
Bicycle  
Festival*  
*continued from p. 1*

their fellow riders formed what is now "Adventure Cyclist".

I didn't want to write a dry boring log of rides from point A to B, and Mother Nature came to the rescue. The weather turned ominous Saturday morning, but Dale and I rode forty-five miles without incident, other than misreading road signs and tacked on ten extra miles. Intermittent rains cancelled our p.m. ride. That evening while sitting around the camp, the mosquito herds descended. We slapped, cussed and bemoaned the fact that the only things we forgot were the repellent and aerosol. Then just like that, they quit. No overtime for them.

Shortly after retiring, the rains came and came and came. There is something that is soul satisfying to be in a tent listening to the mesmerizing patter of rain and be perfectly dry. Dry that is, until my hand splashed when it brushed on the tent floor by my mattress. Luckily most of our gear was under my pick-up topper. My tent could have easily doubled as a kiddies wading pool.

At breakfast next morning the rain was still a constant deluge. We opted to miss our last day and head home. The big regret was missing a turkey dinner with all the trimmings.

## TOUR OF SEBRING

September 3-5, 2005

Three days of superb bicycle touring in one of Florida's most popular cycling areas

Sponsored by the Kenilworth Lodge  
[www.kenilworthlodge.com](http://www.kenilworthlodge.com)

Contact: Linda Leeds, Event Director  
[lindamarie7@juno.com](mailto:lindamarie7@juno.com); 561-683-2851

All proceeds go to the  
West Palm Beach Bicycle Club

### TOUR OF SEBRING CONTINUED BY THE KENILWORTH LODGE!

The Kenilworth Lodge is pleased to announce that it will present this event, now in its' 23<sup>rd</sup> year, as a benefit for the West Palm Beach Bicycle Club, that is, all the proceeds from the event will be given to the Club to help it get back on its feet. The WPBBC, founded in 1963, is the oldest bicycle club in the state, and we don't want it to meet its demise.

Linda Leeds, who ran this event for the club from 1995-1998 and now runs three cycling events for the Kenilworth Lodge, will be the event director for the Tour of Sebring, offering great routes, fine support and excellent meals, along with games, raffles, etc. For more information, contact her at [lindamarie7@juno.com](mailto:lindamarie7@juno.com); 561-683-2851, and check out the website: [www.kenilworthlodge.com](http://www.kenilworthlodge.com). Event brochures will be mailed by mid-June.

Hurricane Frances forced the cancellation of the Tour of Sebring last year, and the rescheduled date the first weekend in November was loaded with cycling events around the state. As a result of all that, the West Palm Beach Bicycle Club was hurt very hard financially, and is still trying to recover. They were only able to refund half the people who requested refunds; the others will get either a full credit for this year's event or a refund after the event.

# Membership Application

Please Print Clearly and Read Completely

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_ State: \_\_\_\_\_ Zip \_\_\_\_\_

Phone: Home: \_\_\_\_\_ Work: \_\_\_\_\_

E-Mail \_\_\_\_\_

\_\_\_\_\_ New Member

\_\_\_\_\_ Renewing Member

\_\_\_\_\_ Family Membership: \$20

Spouse's Name: \_\_\_\_\_

\_\_\_\_\_ Single Membership: \$15

Membership is for the calendar year. Membership applications dated through October remain in effect until the end of the year. Applications dated November and December remain in effect through the following year.

## RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT

IN CONSIDERATION of being permitted to participate in any way in Caloosa Riders (Club) sponsored Bicycling Activities (Activity) I myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity, I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in Activity.

2. FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISK AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH (RISKS); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE RELEASEES NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.

3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE the Club, the League of American Bicyclists, their respective administrators, directors, agents, officers, volunteers, and employees, and other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the releasees herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY NEGLIGENCE OF THE releasees OR OTHERWISE, INCLUDING NEGLIGENCE RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such a claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTANDING ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Member's Signature \_\_\_\_\_

If Family Membership, Spouse's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Mail to: **Caloosa Riders**  
P.O. Box 870  
Fort Myers, FL 33902

Make checks payable to Caloosa Riders

Benefits of membership...•Newsletter•Discounts•Club Meetings•Free Classifieds

# Club Member Discounts

These Businesses will give members a 10% discount on non-sale items. Bicycles excluded.  
Present your membership card.

## **A.J. Barnes Bicycle Emporium**

15248 S. Tamiami Trail  
239-437-0373

## **The Bike Route**

14530 US 41 South, FM  
239-481-3376

## **Ft. Myers Schwinn**

3630 Cleveland, FM  
239-939-2899

## **Wooley's Bikeland**

1025 Tamiami Trail  
N. Ft. Myers  
239-997-3111

## **Cape Coral Bicycles**

8 Del Prado Blvd. S., CC  
239-242-2453

## **Trikes & Bikes**

3451 Fowler St., FM  
239-936-1851

## **The Naples Cyclery**

813 Vanderbilt Road  
Naples 34108  
239-566-0600

## **The Naples Cyclery**

27820 S. Tamiami Trail  
Bonita Springs, 34134  
239-949-0026

## **Clint's Bicycle Shoppe of Naples**

8789 Tamiami Trail N.  
(Marketplace at Pelican Bay)  
239-566-9620

## **University QuickPrint**

4425 Del Prado Blvd.  
Cape Coral, FL 33904  
239-542-1020

## **Mother Earth Natural Foods**

Cape Coral  
Ft. Myers

## **Acme Bicycle Shop**

615 Cross Street  
Punta Gorda, FL 33950  
941-639-3029

## **Paradise Bicycles**

1712 Del Prado, CC  
239-772-2453

## **Hearing Aid Services**

MGregor Point Shopping Center  
239-433-2060  
Bonita Springs  
947-2222



P.O. Box 870

Ft. Myers, FL 33902